

the collegian

INDEPENDENT VOICE FOR KANSAS STATE UNIVERSITY

TUESDAY, FEBRUARY 24, 2015

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www.kstatecollegian.com

4 Use caution when trying out new diets



5 Drummers bring Japan to McCain



Community fights to reduce child abuse in Riley County

BY KELLY IVERSON
THE COLLEGIAN

In a city where the "K-State family" is relentlessly emphasized, it may come as a shock to some that the Little Apple could ever be a place where children didn't feel safe.

For fiscal year 2012, however, 1,868 total child victims were recorded by the state of Kansas in the 23rd edition of the Child Maltreatment 2012 annual report. The report compiles data on child abuse and neglect via the National Child Abuse and Neglect Data System.

A child in need of care is a person less than 18 years of age who is not adequately cared for, been abused or neglected, been abandoned, not attending school or is a runaway from home or court-ordered placement. Child in Need of Care Intake Reports show that from July to December 2014, there were 259 reports made in Riley County alone, making up 1.46 percent of the state's total.

To better protect and support the children from Riley County and the surrounding counties, Bikers Against Child Abuse formed a temporary chapter in Manhattan known as the Native Stone Chapter. Bikers Against Child Abuse, along with other members of the Manhattan community, hope to lower these numbers.

Types of abuse

There are two major types of child abuse according to the U.S. Department of Health and Human Services. The first kind of abuse is physical, sexual and emotional. Physical abuse is anything from hitting to shaking. Sexual abuse occurs when there is any type of sexual behavior with a minor. Lastly, emotional abuse occurs when a child sustains injury to their "psychological or emotional stability."

The second kind of child abuse is neglect, or lack of stimulation. Malnutrition is one of the most common forms of neglect. Not providing a child's need for shelter and safety is classified as neglect as well. Neglecting children's cognitive needs – emotional and social for example – can also lead to many issues down the road.

Bethany Fields, assistant county attorney for Riley County, is one of six attorneys in the office that prosecute all the crimes that occur in Riley County, both misdemeanors and felonies. Her primary job is to deal directly with Child in Need of Care cases.

Children who are designated as a "child in need of care" rarely have to testify against their parents. Often, Fields can directly deal with the law enforcement or social workers to whom the abuse was initially reported. Fields said that one of the hardest things a child negotiates during the cases she works with is their love for their parents. Children feel torn between this love and the abuse that is happening. They rely on therapy and support to process what is happening.

"It's OK to love your parents and to want to be with them, it's just that your parents need to take responsibility to keep you safe and to provide for your needs," Fields said.

When perpetrators have been criminally charged, children do often have to testify against their abuser. For younger children, circuit television is used for their testimony to avoid putting the child in the same room as the offender.

"That again is a scary process," Fields said. "Most of the time it is somebody that they know, so that makes it hard for them to have to face that person."

CONTINUED ON PAGE 3,
"BACA"

FACT OF THE DAY

SOCIAL MEDIA

The Olympic was the sister ship of the Titanic, and she provided 25 years of service.

uselessfacts.com



Pregame with the collegian

INDEPENDENT VOICE FOR KANSAS STATE UNIVERSITY

TIP OFF 2015



BACA | Manhattan's transit population may factor into child abuse prevalence

CONTINUED FROM PAGE 1

The courtroom sequence of events is reviewed with the child thoroughly beforehand so that he or she feels comfortable speaking in front of the jury or judge, Fields said.

Why it happens

It is hard to justify something like child abuse, but certain factors and triggers can contribute to its prevalence. Fields said that child abuse most commonly occurs when parents or caregivers get out of control.

"Getting frustrated with the child and not having the parenting skills to find other ways to discipline the child, just reacting as opposed to taking a step back and imposing a consequence," Fields said.

Fields also said that sometimes parents were raised with spanking or switches. They then think that's how they

Fields said she sees a demographic issue.

"I think part of the problem in this area is that we have a very transit population with the college and the military that there is not a lot of extra family support that you find in other communities," Fields said.

Manhattan's unique demographic oftentimes leaves new parents far away from their families.

"If you lived near your family, you would have more family support for parents when they get stressed out or need a break," Fields said. "A lot of people feel isolated in this area since they are away from family and close friends."

Maybe they don't consciously feel isolated and don't want to admit that they need help, Fields said. Open dialogue and more parenting education would be helpful, but

to Reporting Child Abuse and Neglect in Kansas," mandated reporters only need a minimal amount of information to make a report.

Not all the facts are necessary beforehand, and a reporter only needs to have suspicions that abuse or neglect is occurring. The guide highlights the importance of not asking too many questions, because digging too much into a possible report can "alter facts of the case unintentionally."

The Kansas Department for Children and Families, along with law enforcement officials, takes on cases after a report is made and conduct interviews with children.

"Anything we can do to support that family through the investigation or work with (the Department for Children and Families) after the investigation to help the family, we will do," Westling said.

Members of Bikers Against Child Abuse sit on their motorcycles in the parking lot of the Blue Hills Shopping Center on Nov. 2, 2014.



KELLY IVERSON | THE COLLEGIAN



should raise their child.

"Some of it can be, 'I was raised this way, this is how I will raise you,'" Fields said.

Nancy Westling, social worker with Manhattan Headstart, said the demands and frustrations of life build up on parents, especially those who had difficult childhoods themselves.

"Having been parented in a way that may have been abusive or neglectful themselves, when you're under stress you revert to what you know," Westling said. "In terms of that, parenting education is important."

parents and caregivers have to be willing to take advantage of it.

What to do if someone is being abused?

"At Headstart, we are all mandated reporters," Westling said.

Being mandated reporter requires any staff member to immediately report any suspicion or inclination of child abuse. The mandated reporters are required at Headstart to report instances to the Kansas Prevention and Protection Services website.

According to the "Guide

Solution

Education is very important. Fields said there are a lot of programs in place to do just that.

CLICK for Babies is one of these educational programs. Organized by the National Center on Shaken Baby Syndrome, this program relays to new parents information about the Period of PURPLE Crying, which is, "a period of time when infant crying increases; beginning when babies are about two weeks old, peaking in the second month and ending around the third to fifth month."

Along with information, parents receive a handmade cap donated by volunteers stitched in different shades of purple.

Support for the abused child is also important, especially during the trial process. That's where organizations like Bikers Against Child Abuse come in.

Fields has had two cases where Bikers Against Child Abuse was involved with the child. One was a child victim of a sex crime where the suspect was charged criminally and the family had, with research, found Bikers Against Child Abuse.

"They came to court with the little girl and just had a presence in court," Fields said.

The case eventually ended in a plea, so there was no trial. The girl did not have to testify, but Bikers Against Child Abuse supported her the entire time.

"It just made the victim feel very safe and gave her a lot of support and encouragement to continue on with the criminal process because it can be lengthy; it can take up to a year from the time the incident happened and is reported and that's a long time to have to keep thinking about it," Fields said.

The other case she had where Bikers Against Child Abuse was involved was a Child in Need of Care case. Fields never saw any members

of Bikers Against Child Abuse, home, and I cannot always be 100 percent sure that they are safe," Fields said. "We can give parents all the skills that the agencies offer but, at the end of the day, they have to implement those skills."



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LOCAL BRIEFS

Compiled by Chloe Creager

Spring enrollment sets new record at K-State's Manhattan campus

The enrollment numbers for K-State's Manhattan campus hit a record high for the spring 2015 semester, according to a K-State news release. Spring 2015 enrollment totaled 20,038, an increase from 19,969 for spring 2014.

The enrollment increase includes more undergraduate, multicultural and international students than previous semesters. Pat Bosco, vice president for student life and dean of students, gives credit to dedicated faculty and staff programs specifically targeting student retention, diversity and student success.

K-State is the number one choice among high school students in Kansas, and the undergraduate student body enrollment is 17,103. Hispanic/Latino, African Ameri-

can, Asian, multiracial and international student numbers are up as well.

"With 2,190 international students at K-State in total, including 2,109 on the Manhattan campus, we are not only at record high numbers for a spring semester, but also at record high percentages for fall semesters as well," Marcelo Sabates, associate provost for international programs, said in the release. "In fact, this semester we have crossed – for the first time ever – the very significant 10 percent threshold for international student enrollment, with international students accounting for 10.5 percent of students on the Manhattan campus and 10.6 percent at the university as a whole. This is a historic milestone that aligns with our 2025 goal of being a top global university."

Construction being Wednesday on Kimball, Seaton Avenues

According to the Little Apple Post, construction work on the Kimball and Seaton Avenues. Stormwater project will begin Wednesday, requiring a full closure of Seaton Avenue and a reduction to one lane on Kimball Avenue for westbound traffic.

A detour will be provided for alternative access to Seaton Avenue, and Kimball Avenue will remain open in both directions throughout the completion of the project. Seaton Avenue is expected to re-open to traffic by early April.

K-State Proud announces schedule of events for 2015 Proud Week

K-State Proud (an all-university, student-led organization) is in the ninth year of its campaign of "Students Helping Students," which helps provide financial aid for students who have demonstrated extreme financial need or need temporary financial assistance.

K-State Proud is a nationally recognized campaign that has raised \$833,000 and given more than 425 Student Opportunity Awards since its inauguration.

Community members are encouraged to visit the K-State Proud booth in the K-State Student Union every day for the remainder of the week between 9 a.m. and 3 p.m. to make a donation, receive a free T-shirt and enjoy the activity planned for the day. The schedule for

the rest of the 2015 Proud Week is as follows:

Tuesday: Poppin' with Proud

Pop over for popcorn and learn more about K-State Proud.

Wednesday: Purple Pride with Proud

Celebrate with Purple Pride ice cream.

Thursday: Cats for Caribou

Enjoy free Caribou Coffee!

Friday: Celebrity Day

Get your picture taken with Willie and other K-State celebrities.

WHEN:

10 a.m. - 6 p.m.
Wednesday, Feb. 25 &
Thursday, Feb. 26

WHERE:

K-State Alumni Center
17th Street &
Anderson Avenue

VENDORS:

- Balfour
- C-B Announcements
- Church Hill Classics
- Collegiate Insurance Resources
- K-State Alumni Association
- K-State Athletics
- K-State Career Services
- K-State Global Campus
- Kansas State University Foundation
- Liberty Mutual
- Powercat Financial Counseling
- Royal Purple
- University Frames
- Uploma
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YOUR LINK FOR LIFE



Balance between clean eating, exercise better than extreme spring break diets

BY KEELI HOSTETLER
THE COLLEGIAN

Does the thought of wearing a swimsuit in just a few weeks for spring break make you extra nervous? Are you partaking in a diet plan in preparation for those sunny days on the beach? If so, you are certainly not alone.

The Chester E. Peters Recreation Complex always appears to be the place to be during the spring semester as students are trying to look their best for their upcoming spring break trips, but that should not be their only focus. Whether you're attempting to get beach bod-ready or just trying to live a healthier lifestyle, your diet is a key factor.

Many college students are known to take extreme measures to lose weight and get fit. While there is nothing wrong with setting fitness goals and pushing yourself to meet them, dieting can do more harm than good when done incorrectly.

Weight loss tricks don't work

Karen Hanson, a registered dietitian at Hy-Vee, said many people don't receive the results they are looking for from their spring break diets because they aren't long-term. Students won't see results right away from a healthy diet plan because they take time.

"If a diet sounds too good to be true, it probably is," Hanson said.

Hanson said not all diets are bad, but that good nutrition and exercise is the best choice. One of the biggest problems with fad diets is that they completely leave out single food groups.

"This is a big red flag," Han-

son said.

While some food groups don't need to be consumed as frequently as others, all are important and serve a purpose in a student's overall health. If you don't consume grains or dairy because of a food allergy or because you are trying to lose weight, it is important that you get those nutrients in another form. The paleo diet, for example, restricts eating foods such as grains, dairy, legumes, salt and sugars.

"Although in theory this (the paleo diet) may seem like a sensible diet, particularly when remov-

ing sugar and salt, it has eliminated several food groups like dairy and grains, which provide essential nutrients, such as calcium, vitamin D, magnesium and phosphorus

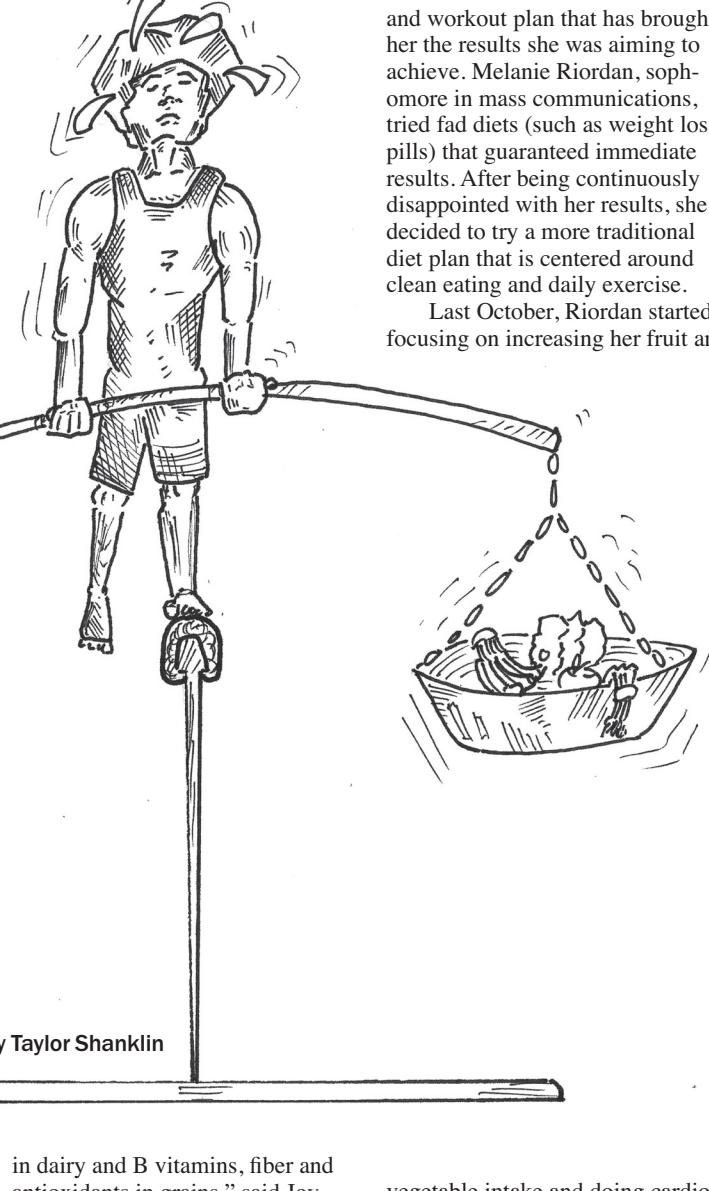


Illustration by Taylor Shanklin

in dairy and B vitamins, fiber and antioxidants in grains," said Joy Dubost, a registered dietitian and a spokesperson for the Academy of Nutrition and Dietetics in an article in The Huffington Post.

Balance is key

One student has found a diet and workout plan that has brought her the results she was aiming to achieve. Melanie Riordan, sophomore in mass communications, tried fad diets (such as weight loss pills) that guaranteed immediate results. After being continuously disappointed with her results, she decided to try a more traditional diet plan that is centered around clean eating and daily exercise.

Last October, Riordan started focusing on increasing her fruit and

"It has definitely taken time, but I have noticed that I am not only visibly more fit, but I feel better as well."

Students go to extreme diet measures because it is difficult to purchase healthy food when you're a broke college student. Let's be real here: a McChicken is only \$1, and sometimes it is just too tempting to pass up. It isn't realistic for most college students to be able to eat clean at every meal.

Solutions

Choosemyplate.gov gives helpful tips on what students can make healthier choices when eating out at restaurants. A few of these options include choosing whole-wheat bread, asking for salad dressing on the side, using minimal butter, eating fruit for dessert and putting the fork down when you have had enough.

Fad diets may seem like the easy way to lose weight and get fit, but you will most likely end up disappointed when you gain your weight back even quicker than you lost it. The best diet plan you can follow is clean eating and daily exercise.

In these last few weeks before spring break, remember that disciplining yourself when it comes to what you eat and working hard when you exercise will give you the best results. If you follow this plan, you will be ready to hit the beach before you know it.

The views and opinions expressed in this column are those of the author and do not necessarily reflect the official policy or position of The Collegian.

Keeli Hostetler is a sophomore in mass communications. Please send all comments to opinion@kstatecollegian.com.

From the president's desk



REAGAN KAYS
@KSTATESBP_SBVP

Dear Wildcats,

Happy K-State Proud Week! Don't forget to stop by the Proud booth in the K-State Student Union to make a donation to support this awesome cause. In its eight years, Proud has helped more than 400 students continue their education at K-State despite circumstances that put that chance in jeopardy. Please take this chance to help fellow students in their time of need and pick up a cool T-shirt in the deal.

To kick this week's letter off, we're happy to announce that the Lifeline 911 bills we've advocated for throughout our term have passed the House and Senate judiciary committees. This means the bills will go to the House and Senate floors to be voted upon. If these two legislative bodies vote in favor of them, they'll go to Gov. Sam Brownback's desk to be signed into law.

We're close to achieving one of our biggest platform goals, but we need your help to get the rest of the

way. Write or email your legislators and tell them you're in favor of these bills, which give underaged Kansans the peace of mind to seek help in an alcohol-related emergency. If you're not sure of who your representatives are, go to openkansas.org and enter your address.

While we wait for the bills to become state law, we're working with Student Governing Association's attorney general, Gerald Mashango, to add the Lifeline 911 policy to the Student Code of Conduct.

We're also working with other Kansas Board of Regents institutions, and Washburn University, to implement a policy that would prevent students who have been expelled or suspended for non-academic reasons from enrolling at another Kansas school. This will keep students safe by ensuring that individuals with a history of violent or unsavory behavior don't wind up on our campuses. Exceptions can be made if student life professionals deem the individual not to be a threat to the community. We plan to propose this policy to KBOR in March.

That's all for now. Have a great week, and keep up the great work you do to make K-State the awesome place it is!

Reagan Kays, student body president
rkays@ksu.edu

Cody Kennedy, student body vice president
ckennedy@ksu.edu

WebMD not equivalent to doctor's visit, self-diagnosis can be detrimental to health

BY COURTNEY BURKE
THE COLLEGIAN

Websites like WebMD are redefining the roles of doctor and patient, and not in a positive way.

The Internet has made everything a click away and, medically speaking, this means that both valuable and inaccurate information is at the fingertips of any person who wants it. The side effects of websites like WebMD aren't all bad, but that doesn't mean the average Joe should depend on them.

Websites like WebMD give doctors access to a wealth of information that can help them diagnose a variety of illnesses using the information online that was previously limited to hard-to-reach specialists, according to Mashable. That same information, though, is hazardous in the hands of patients that don't fully understand it.

Dr. Aditi Nerurkar, a primary care physician at Harvard Medical School and Beth Israel Deaconess Medical Center, said in the Mashable article that she sees patients every day who use the Internet as a way to diagnose themselves. They oftentimes come in worried about the dangerous diseases they learned about.

"While I love their sense of curiosity and ownership of their health, their online searches can – and often do – go awry," she said.

The fear and anxiety that online medical searches cause even has its

own diagnosis now. Cyberchondria is the fear and preoccupation with medical concerns that are brought on by self-diagnosis and health research done online.

Many people try to find their symptoms and ailments based on Internet searches, according to Mashable. Many Internet users come across false information and rare and horrific diseases which can cause more harm than good.

I'm not saying that WebMD is awful and should never be used, but most people don't use it correctly, myself included. Seventy-two percent of Internet users say that they have searched online for health information and advice, but (thankfully) 70 percent of U.S. adults still got information or care from a doctor or health care professional, according to the most recent survey conducted by the PEW Research Center.

Other potential problems that online health searches can cause include being over emotional about symptoms and putting off the inevitable (going to the doctor), according to CNN article, "Be careful when diagnosing your ailments online."

Doctors aren't there to be your psychiatrist. Yes, they are there to tell you what's wrong, but they shouldn't have to spend an hour promising you that you don't have cancer (a common WebMD ailment). On the other hand, just because you searched something online doesn't mean you should continue to avoid a trip to see your doctor.

Just knowing how to search the Internet doesn't make all normal citizens doctors.

"Google doesn't count as a second opinion," according to CNN. "If you're unhappy with your doc's diagnosis, go get one the traditional way."

I used to depend on WebMD for instant advice when I was feeling sick or had unknown muscle aches, but now searching online really irritates me. I'm not a doctor, and all the guessing in the world isn't going to make me feel better; it's going to make me worry myself sick.

When it comes down to it, medical websites are run off of databases that match key words to their log of ailments and symptoms. They don't really narrow down the possibilities, and using them could cause you to over diagnose or to even under diagnose, which can be just as dangerous.

According to WebMD, you could have the flu or cancer ... but all you actually know for sure is that you have body aches. In the end, searching illnesses online isn't really helping anyone other than the professionals who actually know what it all means.

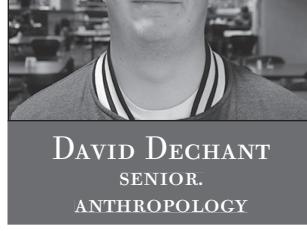
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Courtney Burke is a senior in mass communications. Please send all comments to opinion@kstatecollegian.com.

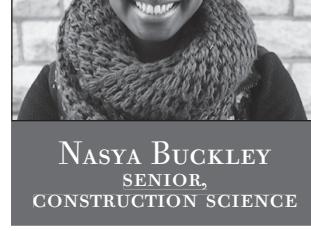
Street Talk

compiled by Nicholas Cady

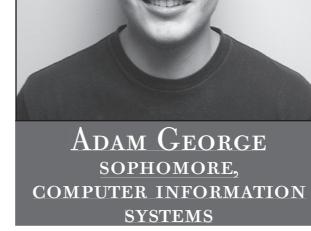
Q: "If your children's first names all had to begin with the same letter, what letter would you choose and why?"



DAVID DECHANT
SENIOR
ANTHROPOLOGY



NASYA BUCKLEY
SENIOR,
CONSTRUCTION SCIENCE



ADAM GEORGE
SOPHOMORE
COMPUTER INFORMATION SYSTEMS



MELISSA EVANS
JUNIOR,
MICROBIOLOGY



ALEXA JACOBS
JUNIOR,
BIOLOGICAL ENGINEERING

"My children would all be named with the letter 'A,' because I'm using Greek mythological names to name my kids and Greek mythology has some great A-names."

"I choose 'A,' because I already adore the name Addison, so I suppose I would follow it up with some other great A-names."

"I choose 'G,' because it's the first letter in my last name, but more importantly the first letter in 'Great.'"

"M,' because there are so many amazing M-names for both boys and girls."

"L,' because it's so much fun to write 'L' in cursive!"



CASSANDRA NGUYEN | THE COLLEGIAN

A taiko drummer from the troupe Kodo performs "Hekireki" during the second part of the group's "One Earth Tour: Mystery" event at McCain Auditorium last Saturday. Kodo was a group of taiko drumming pioneers from Japan's remote Sado Island that demonstrated a powerful mastery over their instruments.

Kodo drummers delight McCain with Japanese rhythms

CLASSIFIEDS

LET'S RENT

110

Rent-Apt. Unfurnished

1118 VATTIER. Newer two-bedroom, two bath apartment with large rooms. \$1000 with free Internet and cable. One block to K-State and Aggielife. All appliances, including washer and dryer, units. Private parking. Security lighting. No pets. No smoking. August lease. TNT Rentals 785-539-0549.♦

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MANHATTAN CITY Ordinance 4814 assures every person equal opportunity in housing without distinction on account of race, sex, familial status, military status, disability, religion, age, color, national origin or ancestry. Violations should be reported to the Director of Human Resources at City Hall, 785-587-2440.

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350 N 16th. Two blocks to K-State and Aggielife. Two-bedroom, recently remodeled, apartments (\$775). Landlord pays water, trash, cable, and Internet. Coin operated laundry on-site. Private parking. Security lighting. No pets. No smoking. August lease. TNT Rentals 785-539-0549.♦

APARTMENTS NEAR

campus, central air, laundry on-site. No pets. One-bedroom \$580; two-bedroom \$580; three-bedroom \$855-\$960; four-bedroom \$1200. 785-539-1545 or 785-537-1746.

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TWO-BEDROOM Apartments. Left Side. Three blocks from the Natatorium. Call 785-565-8324 or 785-313-8296.

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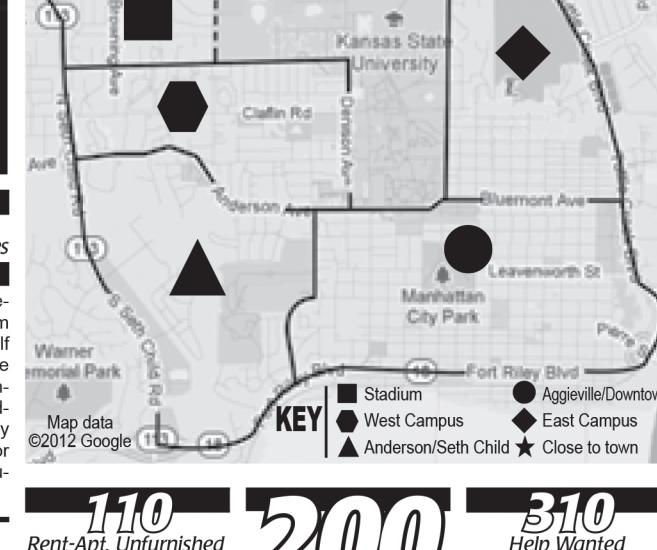
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NEW HOME FINDER



Map data ©2012 Google

KEY

Stadium

West Campus

East Campus

Anderson/Seth Child

Close to town

Poyntz Avenue

Close to town

SPORTS

PAGE 6

thecollegian

TUESDAY, FEBRUARY 24, 2015

MBB | Johnson propels K-State in upset victory over No. 8 Kansas in 281st Sunflower Showdown



CONTINUED FROM PAGE 1

The junior forward finished the first half with 15 points on 7-10 shooting to go along with four rebounds. Ellis went on to score nine more points to finish with 24 on the evening.

The Wildcats survived a second Kansas attempt to break the game open early in the second half. Kansas stormed out of halftime on an 11-3 run to take a 41-33 lead with 16:30 to play in the ball-game.

Johnson responded for the Wildcats once again with a tough layup at the basket that saw him hang in the air before completing the shot off the backboard. He then sunk a 3-pointer, this time, in front of his own bench to tie the game 47-47 with

PARKER ROBB |
THE COLLEGIAN

Sophomore guard **Nigel Johnson** screams triumphantly after draining one of four baskets he made from beyond the arc in the second half of the Wildcats' 70-63 victory over the No. 8 Jayhawks on Monday in Bramlage Coliseum. Led by Johnson's 20 points, K-State beat archrival Kansas for the second consecutive Sunflower Showdown in Bramlage.

RODNEY DIMICK |
THE COLLEGIAN

Senior forward **Thomas Gipson** stretches to lay up the ball on Monday in Bramlage Coliseum.

11 minutes to play.

"Johnson probably won the game," Kansas head coach Bill Self said. "I thought he was terrific. He got past us and got to the basket. He had 20 points, but I think he had 10 at halftime so he was equally good both halves. He was a very good guard tonight."

K-State has now beat Kansas in consecutive seasons for the first time since 1993-94. "It was a nice night for K-State," Weber said. "I'm happy for our guys, but I'm really happy for K-State because I know how important this is. They all tell me, 'Just beat Kansas.' But I ask them, 'Do you want me to be 1-29?' I don't think they'd be really happy. They're not happy that we have 14 wins now. But I'm sure for tonight they're enjoying it."

K-State returns to action on Saturday at home against No. 12 Iowa State, who is battling Kansas for the Big 12 regular season title. Tipoff is scheduled for 3 p.m.



Early bogies spell doom for women's golf team at Westbrook Invitational

BY ANDREW HAMMOND
THE COLLEGIAN

Despite tallying 10 birdies Monday, the K-State women's golf team limped to a 12th-place, 26-over par 890 finish at the Westbrook Invitational in Peoria, Arizona.

The Wildcats finished three spots behind their

ninth-place finish a year ago at the event.

"This was not the best event for us, but we did get three good scores," head coach Kristi Knight said to K-State Athletics. "This course sets you up for low scores, but we could not quite get there as a team today."

For the Wildcats, freshman Connie Jaffrey and senior Olivia Eliasson each

shot five-over par 221 to lead the team. Eliasson led the team in birdies made with four on the afternoon, three of which came on the front nine. Jaffrey finished the day with three birdies but had to fight to reach even par, as she bogeyed three out of the first five holes on the back nine to remain at even for the day.

Elsewhere, K-State's

struggles mounted. All six

golfers finished over par for the tournament. Sophomore Katherine Gravel-Coursol and junior Scotland Preston combined for just one birdie in the final round.

However, plenty of teams struggled on the course, with only two schools finishing the two-day tournament be-

low par. The Tennessee Volunteers captured the team title shooting 13-below par 851.

Oregon finished three strokes back to secure second place with a score of 10-be-

low par 854.

The only other Big 12 school that participated in the tournament was Oklahoma.

The Sooners finished tied for sixth place shooting 10-over par 874.

Up next, the Wildcats will try to secure their third tournament win of the 2014-15 season at the BYU Entrada Classic. The tournament takes place on March 16-17 in St. George, Utah.

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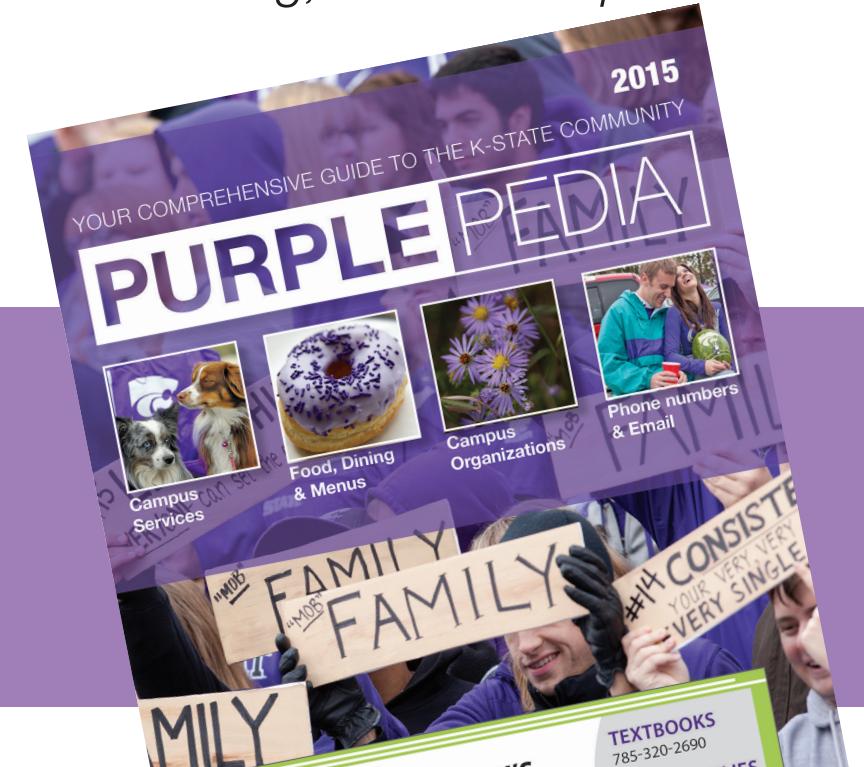
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